January 2026
Wheatland Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dimensions Of Wellness Legend Emotional Social Intellectual Physical Spiritual	Levels Of Care Legend Supportive Living	Locations Legend Coffee / Dining Area (CDA) Lower-Level Activity Room (LLAR) Common Areas (ComA) Hitching Post (HP) Common T.V. area (CTV) Ranchman Patio (RP) Walmart Trip (waly)		1 Stat Holiday- Happy New Year!!!	2 10:00 Floor Curling Game: Falcons vs. The Crew (Resident) (CDA) 10:30 Catholic Church Mass (LLAR) 1:45 LCR Dice Game-Dimes (Joan B) (CDA)	3 2:00 Canasta with Friends (CDA)
4 2:00 Sunday Church Services by Hope Covenant (LLAR)	5 9:30 'Stretch' Exercises (LLAR) 10:00 Crown & Anchor! (McKenna&Melanie) (CDA) 1:45 Bingo (Rose) (CDA) 2:00 Texas Holdem Poker $1.00 to play! (CDA)	6 9:30 Horse Races (Natasha & Jodi) (CDA) 10:15 Canadian Trivia! (CDA) 2:00 Mahjong (Norma/Karen) (HP) 2:00 Skip Bo! (CDA)	7 9:30 Social Knitting (Kayla & Donna) (CTV) 9:30 Indoor Walking Track (Sherry) (ComA) 10:00 Blackjack: $1.00 to play (CDA) 10:30 Book Reading (RP) 2:00 Birthday of the Month (CDA)	8 9:30 Arts & Crafts: Snow Globes with Janice (LLAR) 10:00 Floor Curling: The Crew vs. Doodads (CDA) 1:30 Cardmaking Crafts (LLAR) 1:30 Walmart Trip (CDA)	9 9:30 'Steps' Exercises (LLAR) 10:00 Floor Curling Game: Doodads vs. Spares (CDA) 10:30 Catholic Church Communion Service (LLAR) 1:45 LCR Dice Game-Dimes (CDA) 2:00 Help Put Away Christmas	10 2:00 Canasta with Friends (CDA)
11 2:00 Sunday Church Services by Lutheran Church (LLAR)	12 9:30 'Stretch' Exercises (Judy) (LLAR) 10:00 Crown & Anchor! (McKenna&Melanie) (CDA) 1:45 Bingo (Rose) (CDA) 2:00 Texas Holdem Poker $1.00 to play! (Dale K) (CDA)	13 9:30 Horse Races (Natasha & Jodi) (CDA) 10:15 Canadian Trivia! (Pat H) (CDA) 2:00 Mahjong (Karen) (HP) 2:30 One-On-One Technology Help (Kyle) (ComA)	14 9:30 Social Knitting (Kayla & Donna) (CTV) 9:30 Balance Exercise (Sherry) (ComA) 10:00 Blackjack: $1.00 to play (Dale K) (CDA) 10:30 Book Reading (Betty) (RP)	15 10:00 Floor Curling: Falcons vs. Spares (Residents) (CDA) 2:00 Skip Bo! (Resident) (CDA) 7:00 Cheadle Lions Bingo (CDA)	16 9:30 'Steps' Exercises (Dolores) (LLAR) 10:00 Floor Curling Game: The Crew vs. Spares (CDA) 10:30 Catholic Church Mass (LLAR) 1:45 LCR Dice Game-Dimes (Joan B) (CDA)	17 2:00 Canasta with Friends (CDA) 7:00 Goodwill Club Entertainment: Jim Baxter $3.00 social fee (CDA)
18 2:00 Sunday Church Services by Peculiar Church (LLAR)	19 9:30 'Stretch' Exercises (Judy) (LLAR) 10:00 Crown & Anchor! (McKenna&Melanie) (CDA) 1:45 Bingo (Rose) (CDA) 2:00 Texas Holdem Poker $1.00 to play! (Dale K) (CDA)	20 9:30 Horse Races (Natasha & Jodi) (CDA) 10:15 Canadian Trivia! (Pat H) (CDA) 2:00 Music by Marianne Friends! (CDA) 2:00 Mahjong (Karen) (HP)	21 9:30 Social Knitting (Kayla & Donna) (CTV) 9:30 Balance Exercise (Sherry) (ComA) 10:00 Blackjack: $1.00 to play (Dale K) (CDA) 10:30 Book Reading (Betty) (RP) 2:00 Dice Cardgame (dimes) (CDA)	22 10:00 Floor Curling: Doodads vs. Falcons (Residents) (CDA) 2:00 Canasta (HP) 2:00 Sequence Boardgame (CDA)	23 9:30 'Steps' Exercises (Dolores) (LLAR) 10:00 Floor Curling Game: Spares vs. Doodads (CDA) 10:30 Catholic Church Communion Service (LLAR) 1:45 LCR Dice Game-Dimes (Joan B) (CDA)	24 2:00 Canasta with Friends (CDA)
25 2:00 Sunday Church Services by Strathmore Alliance (LLAR)	26 9:30 'Stretch' Exercises (LLAR) 10:00 Crown & Anchor! (McKenna&Melanie) (CDA) 1:45 Bingo (Rose) (CDA) 2:00 Texas Holdem Poker $1.00 to play! (Dale K) (CDA)	27 9:30 Horse Races (Natasha & Jodi) (CDA) 10:15 Canadian Trivia! (CDA) 2:00 Mahjong (Karen) (HP) 2:30 One-On-One Technology Help (Kyle) (ComA) 2:45 Happy Hour & shrimp Cocktails! (CDA)	28 9:30 Social Knitting (Kayla & Donna) (CTV) 9:30 Indoor Walking Track (Sherry) (ComA) 10:00 Blackjack: $1.00 to play (Dale K) (CDA) 10:30 Book Reading (Betty) (RP) 2:00 Residents & Family Goodwill Club Meeting (CDA)	29 9:30 Arts & Crafts: Make Paper Mache for Pinatas! with Janice :) (LLAR) 10:00 Floor Curling: Falcons vs. The Crew (CDA) 1:30 Walmart Trip (waly) 3:30 mini shuffleboard match! (CDA) 7:00 Bingo (Rose) (CDA)	30 9:30 'Steps' Exercises (LLAR) 10:00 Floor Curling Game: The Crew vs. Doodads (CDA) 10:30 Catholic Church Mass (LLAR) 1:45 LCR Dice Game-Dimes (CDA) 3:00 Sequence Boardgame (CDA)	31 2:00 Canasta with Friends (CDA)